

Have your say!

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13-18





This form is called '**Have Your Say**' and it is for you to tell us what it is like living with your foster family. You can fill it in whenever you like. The form has been specially designed for children and young people by children and young people who already live with a foster family. If you have any comments or suggestions to make it even better please let us know.

We will use this form to hear what life is like for you and if there is anything you want to tell us about how we could change things so they are different or better. We will listen to what you tell us and talk to you about it.

If there is anything you are worried about you can call us or someone else who can listen and help. All the numbers you need are on the back page, which you can keep and don't need to send back to us.

If you want to email this form back to us please send it to:

Gill.fewins@homefindingandfostering.co.uk

Thank you.

A special thanks to Jessica for the front cover artwork.

Name
Date

Whats it like living with your
foster family?

What do you think of your bedroom?

Tell us about the
food you are given?
What is your favourite?

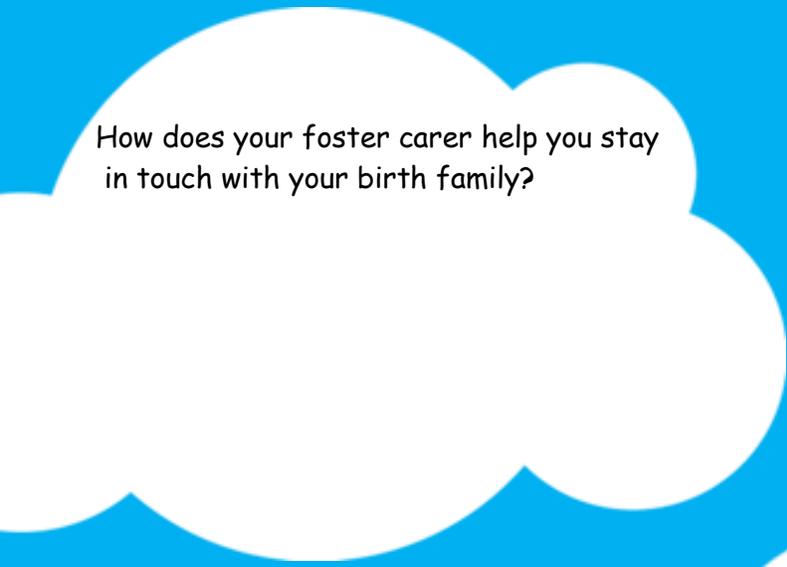
What do you like doing together as a family?

What clubs do you belong to?

How do you sort out your disagreements
in your foster family?

How do your foster carers
help you with
being at school
and your homework?

Who would you talk to if you
unhappy about something in your
foster home?



How does your foster carer help you stay in touch with your birth family?

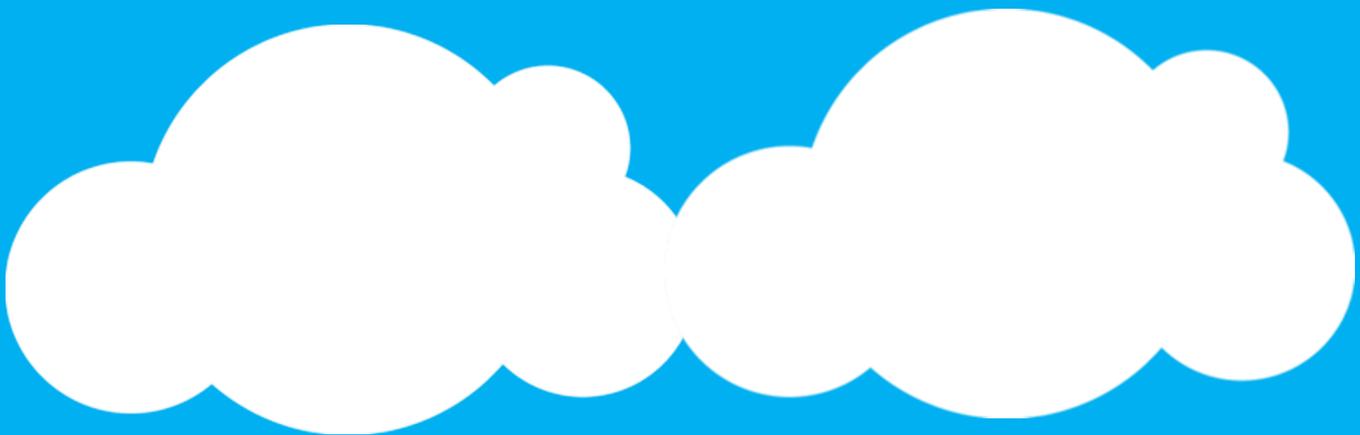


Who do you talk to in your foster family about how you are feeling?



Did you have any help completing this form?

Thank you for having your say. Is there anything we have forgotten or you would like to add?



Useful Numbers

Ask your **Social Worker** or **Foster Carer** for the numbers that you need.

My Social Worker is: _____

Their telephone number: _____

Their email address: _____

Emergency number: _____

My Foster Carer's
Supervising Social Worker is: _____

People to call if you need to talk to someone else.

Ofsted

0300 1231231

enquiries@ofsted.gov.uk

Chief Inspector, Ofsted National Business Unit, Piccadilly Gate, Store Street,
Manchester. M1 2WD

Childline 0800 1111

www.childline.org.uk

Children's Rights Service 0800 5280731

www.right4me.org

Voice 020 7833 5792

www.voiceyp.org

National Youth Advocacy Service 0800 616101

www.nyas.net

NSPCC 0808 8005000

www.nspcc.org.uk

The Homefinding & Fostering Agency 01622 765646

www.homefindingandfostering.co.uk